



# *Lectio Divina*



SACRED READING

# Lectio Divina

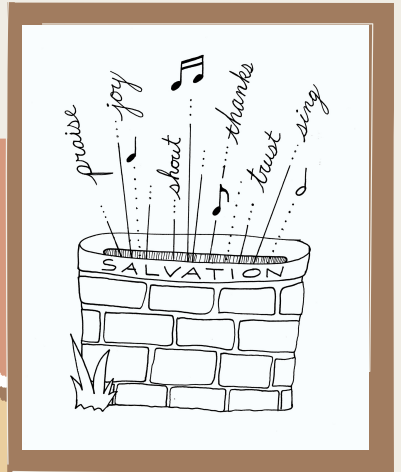
Lectio Divina is a tool that allows us to take steps, surrendering our own voice and listening instead to God through His Word. We're here to seek God's face, just as He tells us to.

In this practice, we are not adding to God's Word or expecting Him to say something He's not already said in His Word, but instead giving God our full attention (as much as we are able to do that) and setting aside the distractions that badger us all day long. Lectio Divina is an exercise in listening, with our mouths closed and our hearts open.



# Lectio Divina

## Resources



Read Listen Read Silently Read Out Loud	Prayer
Write out Verse	
Write key words that speak to you from this passage	

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What you need for the experience:

- \* your favorite version of the Bible
- \* printed copy of one of the worksheets provided OR your Bible journaling notebook
- \* a copy of the graphic provided for each reading throughout the week
- \* something to write with - try to keep it simple
- \* a quiet space where you will not be disturbed or distracted (do your best)





## Instructions for doing Lectio Divina in a small group

### Listening to the Living Word of God - Christ Jesus in the Scriptures:

1. Listen as the passage is read twice. Listen for some segment that is especially meaningful to you.
2. **SILENCE:** 3-5 minutes. Silently meditate on a word or phrase that stands out.
3. Small Group: Briefly share (a word or phrase that has attracted you). A simple statement sharing with yourself (or others if in a group) a few words, or a theme, that stands out **No elaboration.**

### How Christ the Word speaks to me:

1. Listen as the passage is read again (in a different version).
2. **SILENCE:** 5-7 minutes. Reflect on: Where does the content of this reading touch my life today?
3. Small Group: Share briefly: "I hear, I see..."

### What Christ the Word invites me to DO:

1. Listen as the passage is read one more time.
2. **SILENCE:** 9-11 minutes. Reflect on : I believe that God wants me to ... today/this week/this year.
3. Small Group: Share aloud what you have learned and your responses.

Close with Prayer.





## Instructions for doing Lectio Divina **alone**

### **Listening to the Living Word of God - Christ Jesus in the Scriptures:**

1. Read the passage aloud twice. Listen for some segment that is especially meaningful to you.
2. **SILENCE:** 3-5 minutes. Silently meditate on a word or phrase that stands out.
3. Notice a word or phrase that has attracted you. A simple statement sharing with yourself, a few words, or a theme, that stands out. **No elaboration.**

### **How Christ the Word speaks to me:**

1. Read the passage again (in a different version).
2. **SILENCE:** 5-7 minutes. Reflect on: Where does the content of this reading touch my life today?
3. Write down: "I hear, I see..."

### **What Christ the Word invites me to DO:**

1. Read the passage (another version) one more time.
2. **SILENCE:** 9-11 minutes. Reflect on : I believe that God wants me to ... today/this week/this year.
3. Write down what you have learned and your responses.

Close with Prayer.



## ESV First Reading Isaiah 12

### The Lord Is My Strength and My Song

You will say in that day:

"I will give thanks to you, O Lord,  
for though you were angry with me,  
your anger turned away,  
that you might comfort me.

"Behold, God is my salvation;  
I will trust, and will not be afraid;  
for the Lord God is my strength and my song,  
and he has become my salvation."

With joy you will draw water from the wells of salvation

And you will say in that day:

"Give thanks to the Lord,  
call upon his name,  
make known his deeds among the peoples,  
proclaim that his name is exalted.

"Sing praises to the Lord, for he has done gloriously;  
let this be made known in all the earth.

Shout, and sing for joy, O inhabitant of Zion,  
for great in your midst is the Holy One of Israel."



## **NIV Second Reading Isaiah 12**

Isaiah 12 Songs of Praise

In that day you will say:

"I will praise you, Lord.

Although you were angry with me,

your anger has turned away

and you have comforted me.

Surely God is my salvation;

I will trust and not be afraid.

The Lord, the Lord himself, is my strength and my defense;

he has become my salvation."

With joy you will draw water

from the wells of salvation.

In that day you will say:

"Give praise to the Lord, proclaim his name;

make known among the nations what he has done,

and proclaim that his name is exalted.

Sing to the Lord, for he has done glorious things;

let this be known to all the world.

Shout aloud and sing for joy, people of Zion,

for great is the Holy One of Israel among you."



## **NASB Third Reading Isaiah 12**

### **Thanksgiving Expressed**

Then you will say on that day,  
"I will give thanks to You, Lord;  
For although You were angry with me,  
Your anger is turned away,  
And You comfort me.  
Behold, God is my salvation,  
I will trust and not be afraid;  
For the Lord God is my strength and song,  
And He has become my salvation."  
Therefore you will joyously draw water  
From the springs of salvation.  
And on that day you will say,  
"Give thanks to the Lord, call on His name.  
Make known His deeds among the peoples;  
Make them remember that His name is exalted."  
Praise the Lord in song, for He has done glorious things;  
Let this be known throughout the earth.  
Rejoice and shout for joy, you inhabitant of Zion,  
For great in your midst is the Holy One of Israel.

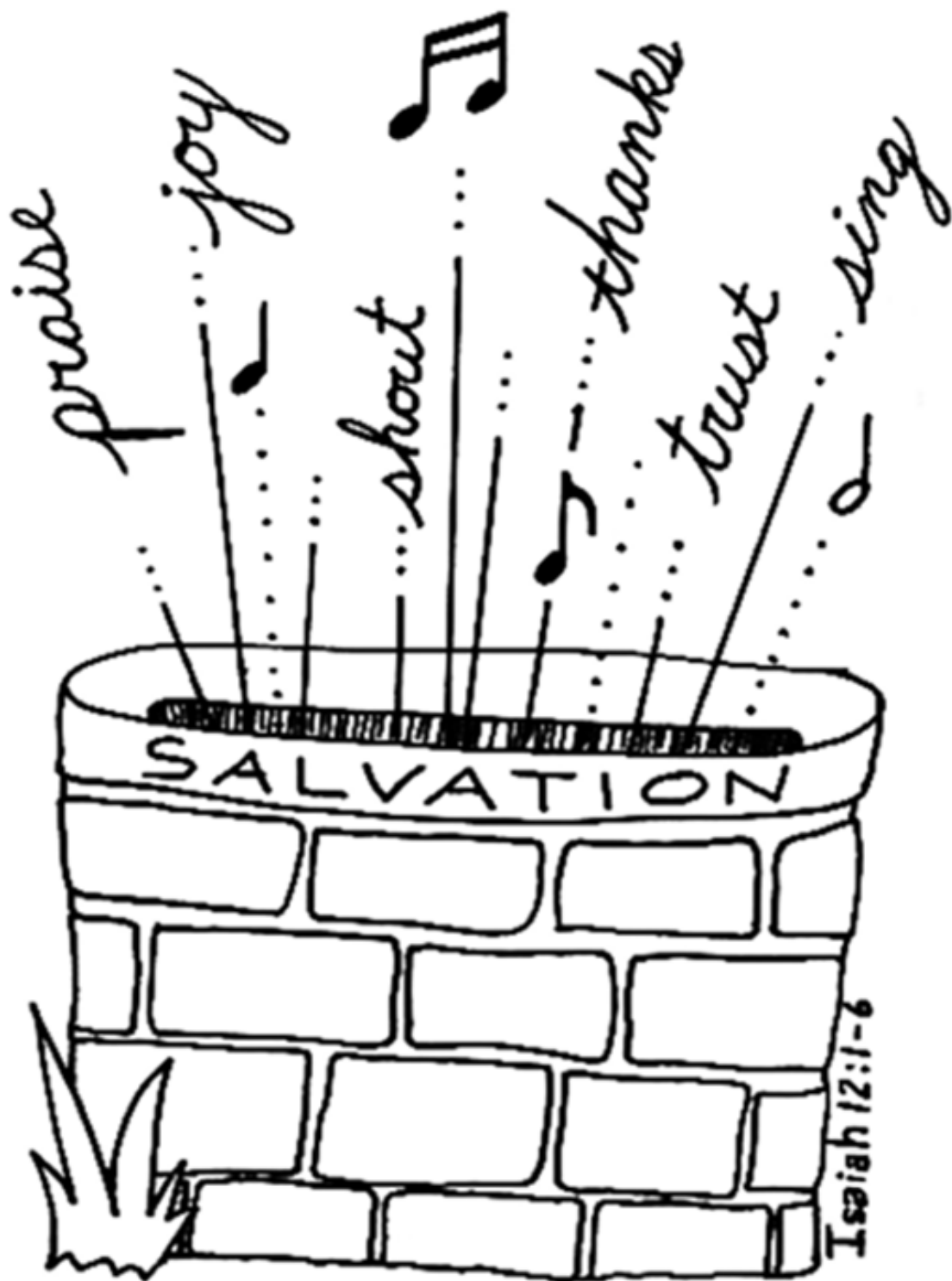
Read  
Listen  
Read Silently  
Read Out Loud

Write out Focus Verse

Write key words that speak to you from this passage

Thoughts, Learnings, Prayers





Karen Denise Diane Jenny Me

March 20 2022  
Lectio Divina  
1st Prayer Team

Read  
Listen  
Read Silently  
Read Out Loud

Write out Focus Verse

I will give thanks to you O Lord  
I will trust + will not be afraid  
Sing praises to the Lord  
Shout + sing for joy!  
I will trust

Thoughts, Learnings, Prayers

I will trust and not be afraid  
comfort joy  
water  
will  
great work!

Thanksgiving  
my love for Jesus is  
the well of my  
salvation in Him.  
Sing praises (not just)  
share my love for  
Him - make His name  
known - let people  
know an a follower  
of Jesus.  
Praise Him no matter  
what  
rest in His arms  
of comfort

Write key words that speak to you from this passage

I will trust

praise joy shout strength thanks trust sing ON THAT DAY... God will prevail

SALVATION

Salvation x3 Comfort me I will TRUST not be afraid

Trust is difficult to obtain in the midst of a new world. I think God is teaching me to trust.

Ukraine

The Lord gives us strength to bear the song

4 Give thanks to the Lord, call upon His name, make known His deeds among the peoples, proclaim that His name is exalted.

5 Sing praises to the Lord for He has done gloriously; let this be made known in all the earth.

6 Shout and sing for joy O inhabitant of Zion, for great in your midst is the Holy One of Israel.

Read  
Listen  
Read Silently  
Read Out Loud

Write out Focus Verse

I will give thanks to you O Lord  
I will trust + will not be afraid  
Sing praises to the Lord  
Shout + sing for joy!  
I will trust

Thoughts, Learnings, Prayers

I will trust and not be afraid  
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water  
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Thanksgiving  
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Lectio Divina

NASB Third Reading Isaiah 12

Version

Thanksgiving Expressed

Then you will say on that day,  
"I will give thanks to You, Lord;  
For although You were angry with me,  
Your anger is turned away,  
And You comfort me."  
Behold, God is my salvation,  
Therefore I will trust and not be afraid;  
For the Lord God is my strength and song,  
And He has become my salvation."  
Therefore you will joyously draw water  
From the springs of salvation.  
And on that day you will say,  
"Give thanks to the Lord, call on His name.  
Make known His deeds among the peoples;  
Make them remember that His name is exalted."  
Praise the Lord in song, for He has done glorious things;  
Let this be known throughout the earth.  
Rejoice and shout for joy, you inhabitant of Zion,  
For great in your midst is the Holy One of Israel.

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Read  
Listen  
Read Silently  
Read Out Loud

Isaiah 12:1-6

Write out Focus Verse

You will say on that day, "I will give thanks to you, O Lord, for though you were angry with me, your anger is turned away, and you comfort me. Behold, God is my salvation, therefore I will trust and not be afraid, for the Lord God is my strength and song, and he has become my salvation." Therefore you will joyously draw water from the springs of salvation. And on that day you will say, "Give thanks to the Lord, call on his name. Make known his deeds among the peoples; make them remember that his name is exalted. Sing praises to the Lord, for he has done glorious things; make known in all the earth, that the Lord, our God, is the Holy One of Israel."

Write key words that speak to you from this passage

Water wells of salvation JOY

Thoughts, Learnings, Prayers

water - wilderness previous wells - cover over the top Philistines stopped up wells to stop Isaac to relocate water - degradation pain - living water manna stopped up God can supply us in ways we did expect from heaven we don't know/understand living water - nothing is too difficult for God and nothing beyond his might/weight/love I sing for you! I don't think I sing like praise the victory!

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